

## **Mena Zarif Helmy (MD)**

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### **CONTACT INFORMATION**

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**MARITAL STATUS:** Married and has two children

### **QUALIFICATIONS:**

- ***M.B.B.Ch.:*** Faculty of Medicine, Sohag University, Egypt. (September 2004).
- ***M.Sc. General Surgery:*** Faculty of Medicine, Sohag University, Egypt. (2009).
- ***M.D. General Surgery:*** Faculty of Medicine, Sohag University, Egypt. (2015).

## **EDUCATION**

1998-2004                      M.B., B.Ch., Faculty of Medicine, Sohag University, Egypt.

## **POST GRADUATE EDUCATION**

### **•House Officer:**

Sohag university hospital, Egypt.

(March 2005- February 2006).

### **•House Resident:**

General Surgery Department, Sohag University Hospital, Egypt

(March 2006- February 2009).

### **•Demonstrator of General Surgery:**

Faculty of Medicine, Sohag University, Sohag, Egypt.

(April 2009 – March 2010).

### **• Assistant Lecturer of General Surgery:**

Faculty of Medicine, Sohag University, Sohag, Egypt

(March 2010- May 2015).

### **• Lecturer and Consultant of General and laparoscopic Surgery:**

General Surgery Department, Faculty of Medicine, Sohag  
University, Sohag, Egypt (May 2015).

